



Yoga Therapy Program Intake Form

INSTRUCTIONS:

Fill out document

Go to **PRINT** document

INSTEAD, choose **SAVE AS PDF**, **SAVE** it and then you can attach it to an email

Upon completion of this form, please email to info@griefsupportnet.org or print and mail to Grief Support Network, PO Box 20961, Boulder, Colorado 80301. Once reviewed, you will be contacted by a GSN Yoga Teacher. If you have any questions, please reach out to info@griefsupportnet.org or call Shari at 303.499.9665.

New Member Information:

Name _____ Age _____ Occupation _____

Best Phone Number _____ (Cell Work)

Is it OK to leave a private voice mail message? Yes No

Email Address _____

Would you like to be included on our monthly newsletters? This is a great way to connect with the GSN Community and receive information about upcoming programs and services. _____

Children: Are there any children living in your home? Yes No

Background Information:

I need to ask a few questions to determine if the Grief Support Network can meet your needs and match you with the best programs and services for your situation.

What kind of loss have you been through? When did your loss occur?

How is this loss affecting you now?

Are you in counseling now?

Yes No

What is your current support system?

Have you experienced any events that you would consider traumatic, whether related to this specific loss or not? It is important to know that traumatic events that may have occurred many years ago can impact how we grieve.

Have you experienced any fighting in your home or relationships in the past two years? If yes, please explain. Yes No

Have you experienced any suicidal thoughts or attempted suicide in the past two years? If yes, was there a follow up treatment? Are you currently feeling suicidal?

Are you taking medications for depression, anxiety or other mental health issues?

Yes No

Have you ever been hospitalized for psychiatric or other reasons?

Yes No

Additional Information:

How did you hear about GSN?

Why do you want to participate in GSN's yoga therapy program? Do you currently practice yoga?

Is there anything else that we should know?
